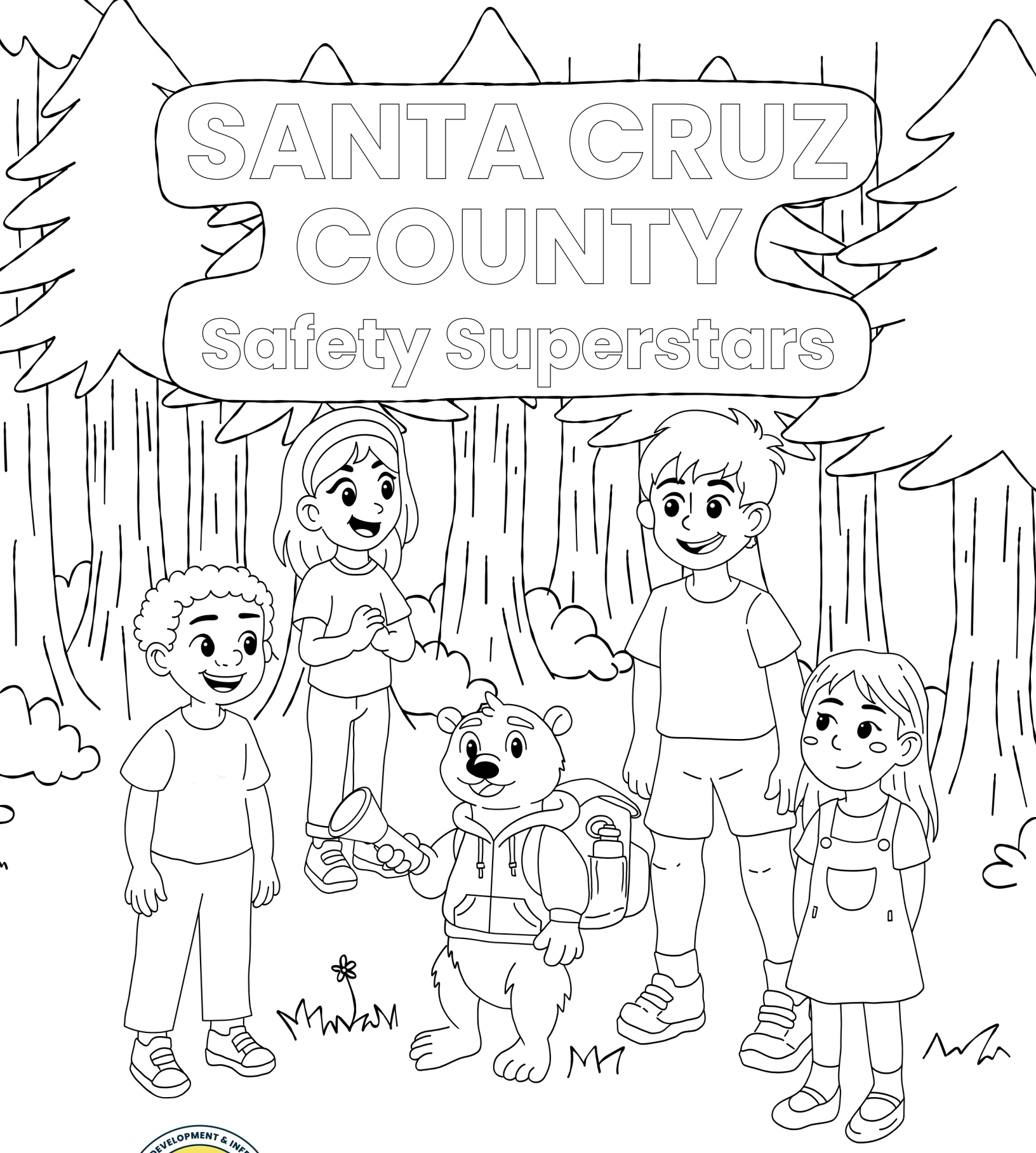
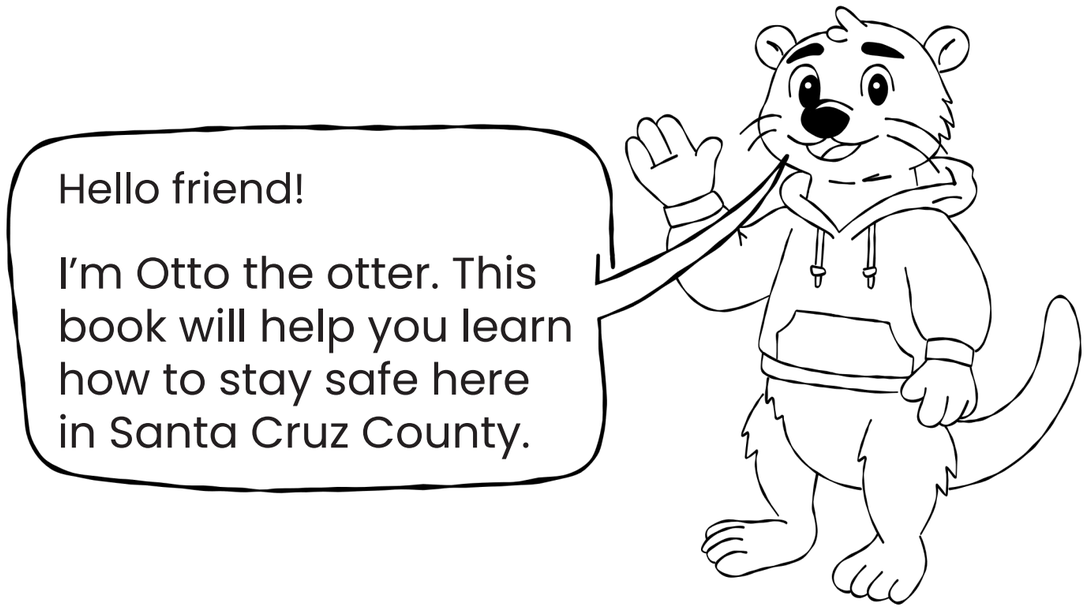
SANTA CRUZ COUNTY

Safety Superstars



COMMUNITY DEVELOPMENT & INFRASTRUCTURE
COUNTY OF SANTA CRUZ

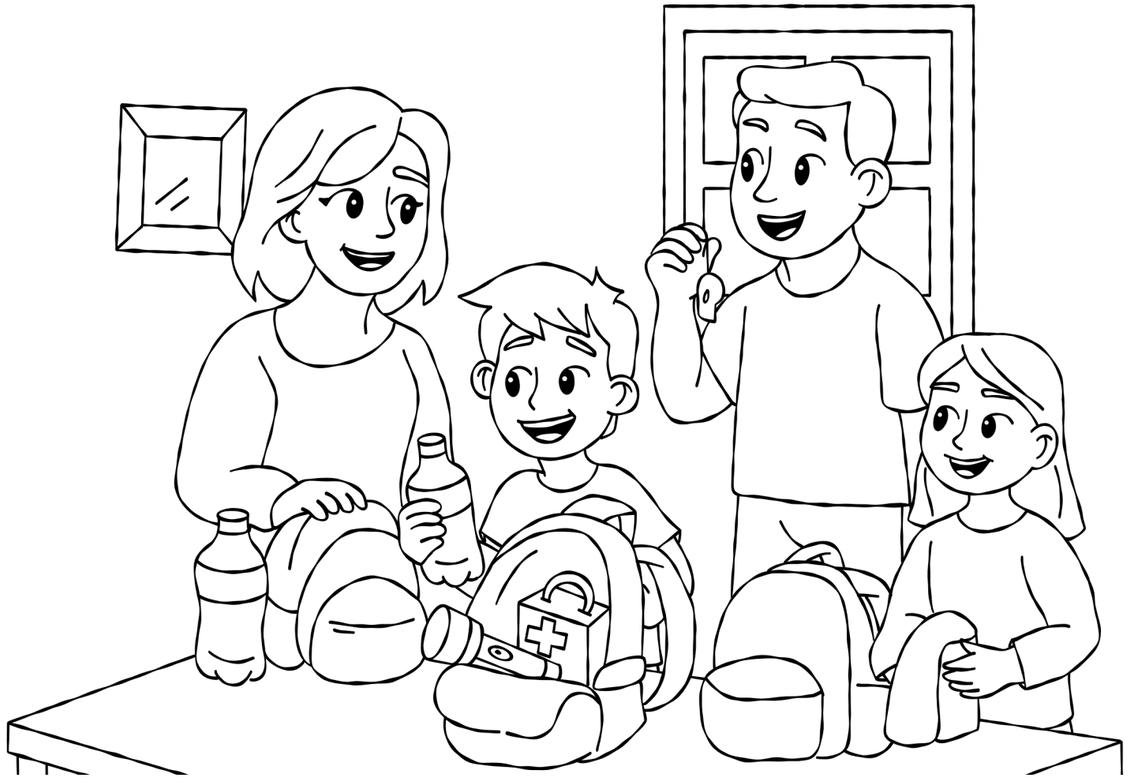
SANTA CRUZ COUNTY OFFICE OF
RESPONSE, RECOVERY & RESILIENCE



This book belongs to...

What is Emergency Preparedness?

Emergency preparedness is getting ready ahead of time so you know what to do and have what you need to stay safe if an emergency happens.



Circle the 10 items that should go into your “Go Bag”.

Extra Clothes

Whistle

Radio

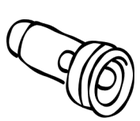
Toys

Blanket

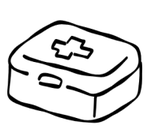
Map

Food

Ice Cream



Flashlight

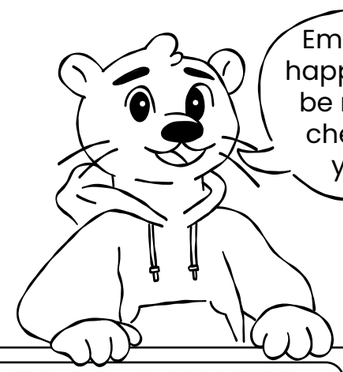


First Aid Kit

Water

Video Games

Comfort Item



MY EMERGENCY GO BAG

CHECKLIST

FOOD & WATER

- ☐ Water bottle
- ☐ 2-3 Healthy snacks

CLOTHES

- ☐ Extra shirt
- ☐ Extra socks
- ☐ Jacket or sweatshirt
- ☐ Extra underwear
- ☐ Extra pants or shorts

STAY CLEAN

- ☐ Tooth brush, tooth paste, and floss
- ☐ Wet wipes
- ☐ Small pack of tissues
- ☐ Hand sanitizer

STAY SAFE

- ☐ Flashlight (and spare batteries)
- ☐ Whistle (to get someone’s attention)
- ☐ First aid kit

IMPORTANT THINGS

- ☐ Family phone numbers
- ☐ Emergency contact card
- ☐ Any medicine you need (with an adult’s help)

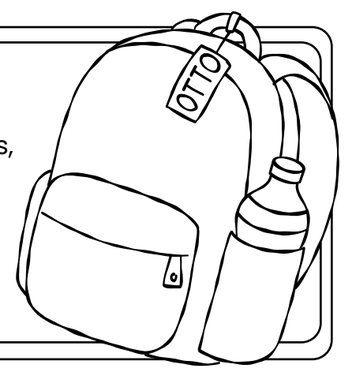
COMFORT ITEMS

- ☐ Favorite small stuffed animal or toy
- ☐ Blanket

OTHER INFORMATION!

- ☐ Put your name on your backpack.
- ☐ Keep your backpack where you can find it quickly.
- ☐ Ask an adult to check your Go Bag every 6 months to replace old snacks, water, & clothes that no longer fit.
- ☐ Your Go Bag should be light enough that you can carry it by yourself.

Pack only what you really need!



Drop, Cover, and Hold On!

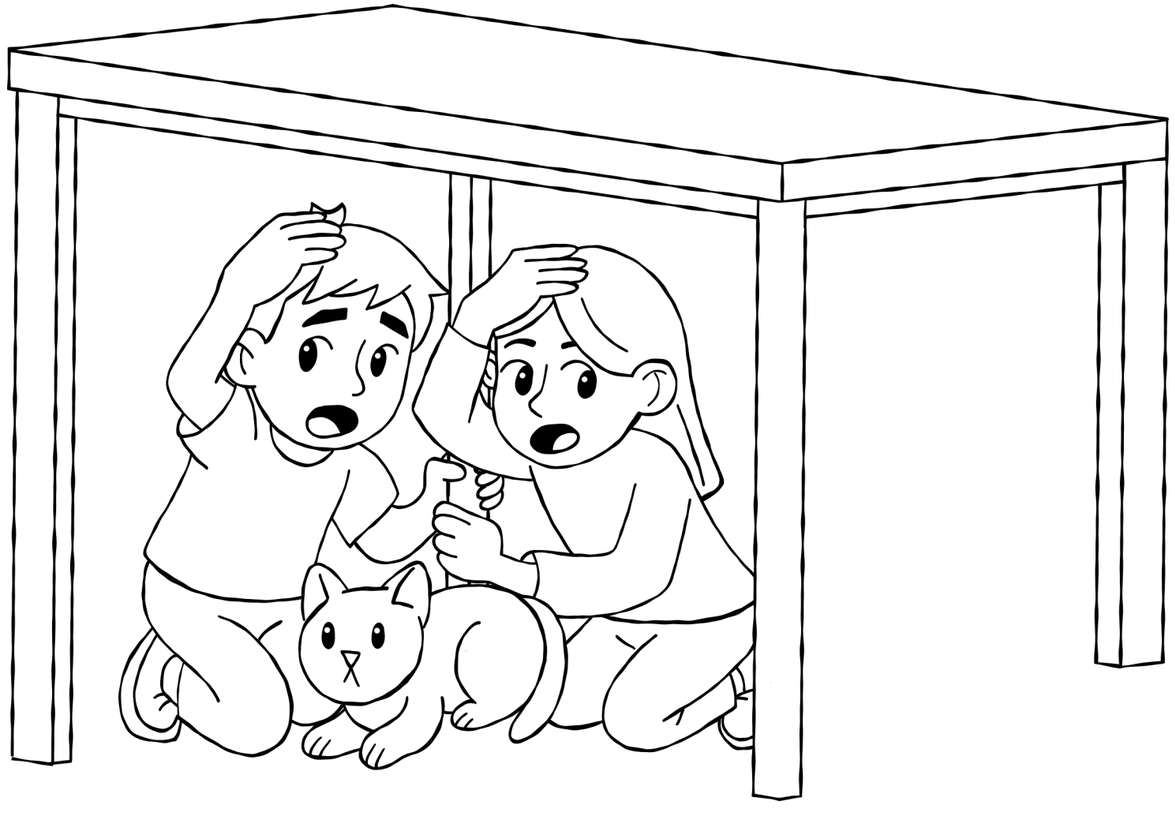
When an earthquake happens, the ground shakes! Here's how to stay safe:

DROP to your hands and knees so the shaking doesn't knock you down.

COVER your head and neck under a strong table or desk to protect yourself from things that may fall.

HOLD ON to your shelter until the shaking stops because it might move while the ground is shaking.

REMEMBER: "Drop, Cover, and Hold On" helps keep your head, neck, and body safe until the earthquake is over.



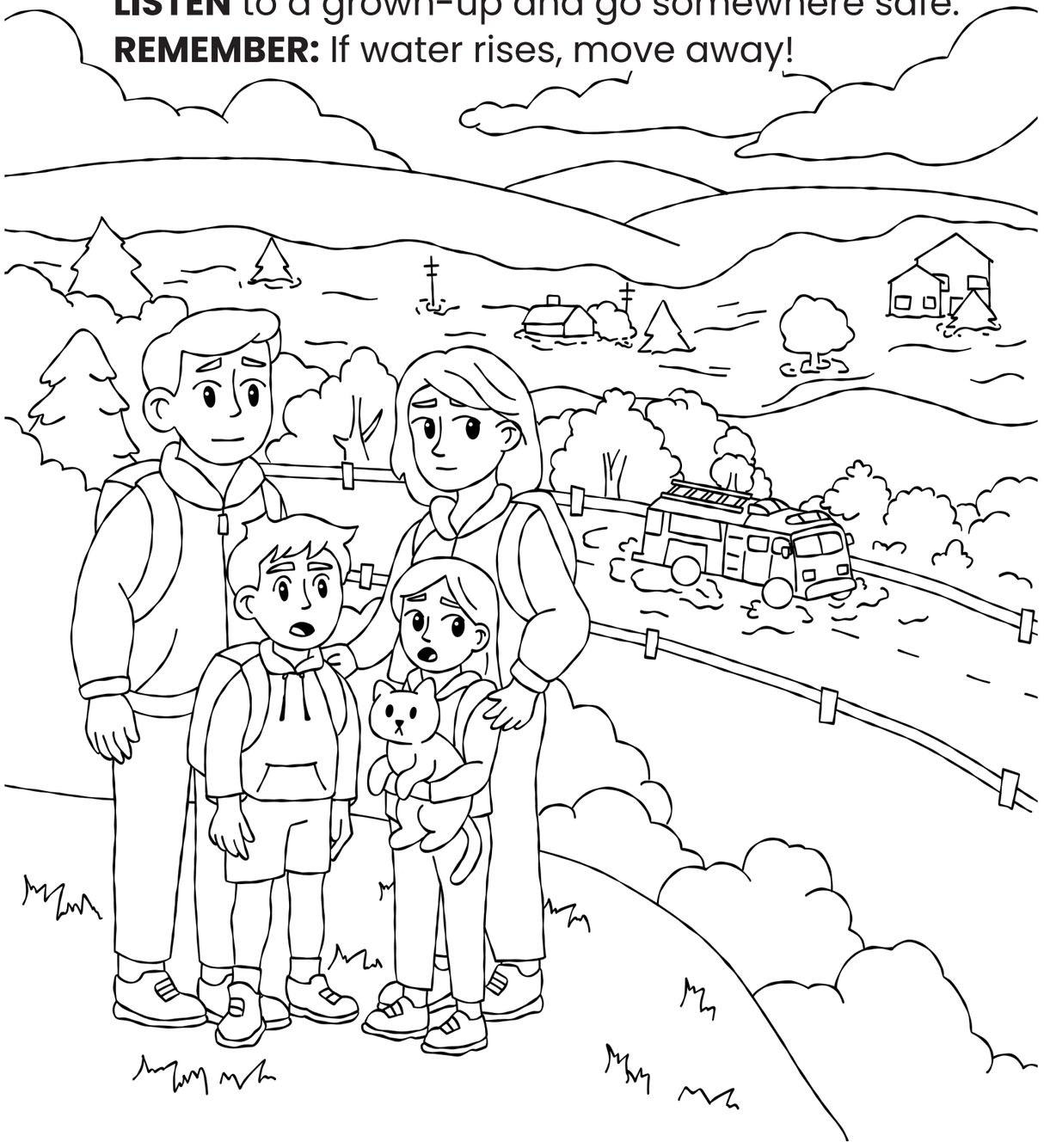
EARTHQUAKE SAFETY WORD SEARCH

X	S	M	K	T	B	Q	F	H	E	W	N	C	J	A
A	H	T	N	K	R	E	Z	K	D	J	C	S	Q	W
S	A	D	V	L	E	P	A	Z	G	Y	U	U	I	X
R	K	M	K	T	B	U	Q	F	H	W	N	N	C	J
A	E	D	R	T	Q	M	V	K	C	P	K	D	S	G
F	X	N	C	H	R	W	J	T	O	B	Q	E	M	Y
H	Q	Z	T	D	K	R	P	W	V	A	M	R	T	F
L	Y	R	C	G	V	N	R	B	E	X	T	T	K	P
Q	A	F	A	Z	M	R	V	P	R	E	P	A	R	E
E	N	T	Q	B	Y	H	R	R	K	D	W	B	M	F
S	W	K	F	R	Y	C	M	O	Q	T	A	L	V	H
D	X	R	H	O	L	D	P	T	K	A	W	E	M	T
S	A	F	E	G	Q	B	J	E	U	R	F	N	Z	C
G	P	X	A	B	A	R	N	C	T	K	V	C	M	Z
V	K	R	D	T	Q	B	M	T	X	H	D	R	O	P

COVER
DROP
EARTHQUAKE
HEAD
HOLD
PREPARE
PROTECT
SAFE
SHAKE
UNDER TABLE

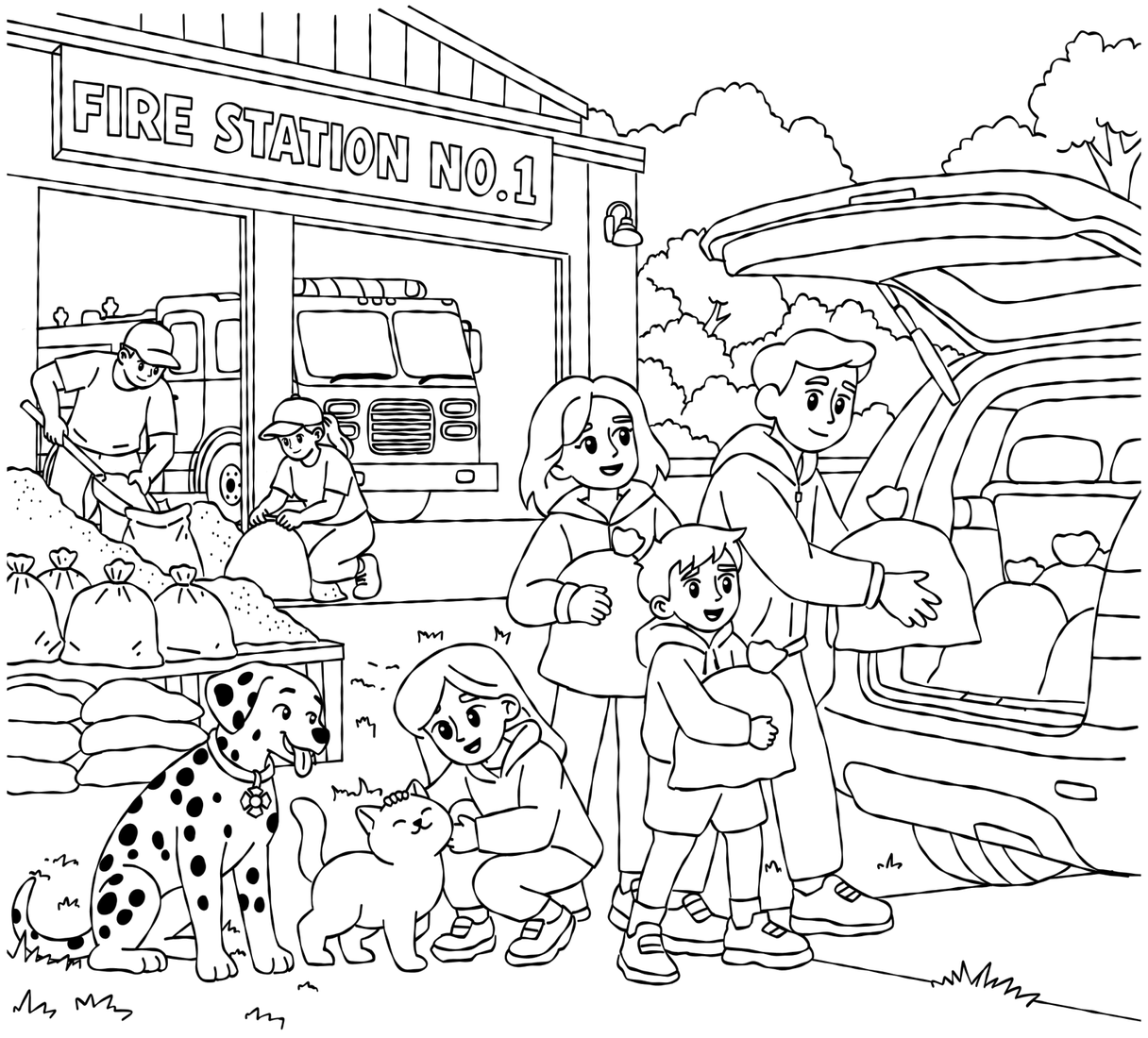
When Water Rises, Stay Safe!

STAY AWAY from deep or moving water.
NEVER PLAY in floodwater.
LISTEN to a grown-up and go somewhere safe.
REMEMBER: If water rises, move away!



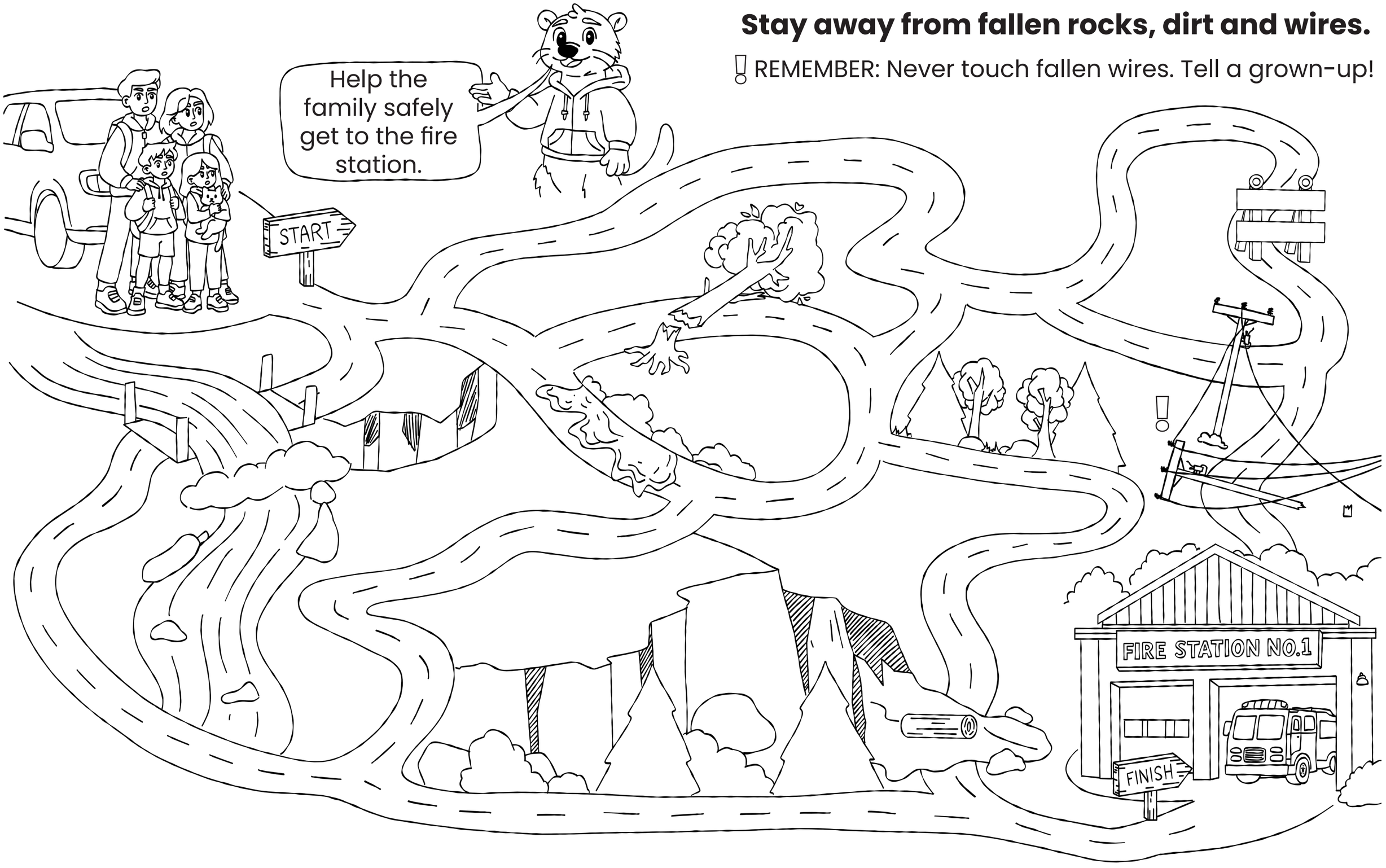
Sandbags Help Keep Homes Dry!

Sandbags help stop rainwater from getting into homes. Every October, Santa Cruz County brings sand and bags to some fire stations to help families get ready for rain!



Stay away from fallen rocks, dirt and wires.

❗ REMEMBER: Never touch fallen wires. Tell a grown-up!



Before winter comes, County Public Works crews get ready, too! They clean drains, clear away leaves and dirt, and bring sandbags to help keep our neighborhoods safe and dry!

When big storms come, County Public Works crews help keep roads safe! They clear fallen trees, rocks & dirt from roads & help when there is too much water.

Getting ready for winter is a team effort!

Use this space to draw a picture of you and your family. If you have any pets, add them too!

Use this space to draw a picture of your house.

In case of an Emergency

My family name: _____

My phone number: _____

My address: _____

Mother's phone: _____

Father's phone: _____

Other (relationship): _____

Out of town contact name: _____

Out of town contact phone number: _____

Meeting Place: _____

Emergency phone numbers (doctor, veterinarian, other family members, etc..):

_____

_____

_____

My go bag is located: _____

Additional important information (medicine I need, address of my school, etc..):

_____

_____

_____

Helpful Resources for your Family

County of Santa Cruz Community Development & Infrastructure

cdi.santacruzcountyca.gov/PublicWorks.aspx

Road Advisories & Closures

www.sccroadclosure.org

Report a Problem

Potholes, fallen trees, flooding, landslides, blocked drainage, etc.

cconnect.santacruzcounty.us

Sand & Sandbag Locations

bit.ly/sand-and-bags

Who to Contact

Roads, flooding, safety and emergency resources.

bit.ly/road-safety-emergency-resources

Emergency Alerts

Sign up for CruzAware to receive local emergency notifications.

Cruzaware.org

Winter Preparedness/ El Niño Resources

Storm preparation, flooding and severe weather information.

bit.ly/el-nino-county-resources

Stay Connected

Subscribe to the CDI newsletter for Public Works updates, projects & seasonal information.

bit.ly/newsletter-cdi

THIS THIS BOOK
BELONGS TO

WHO HAS BECOME A

SAFETY SUPERSTAR!

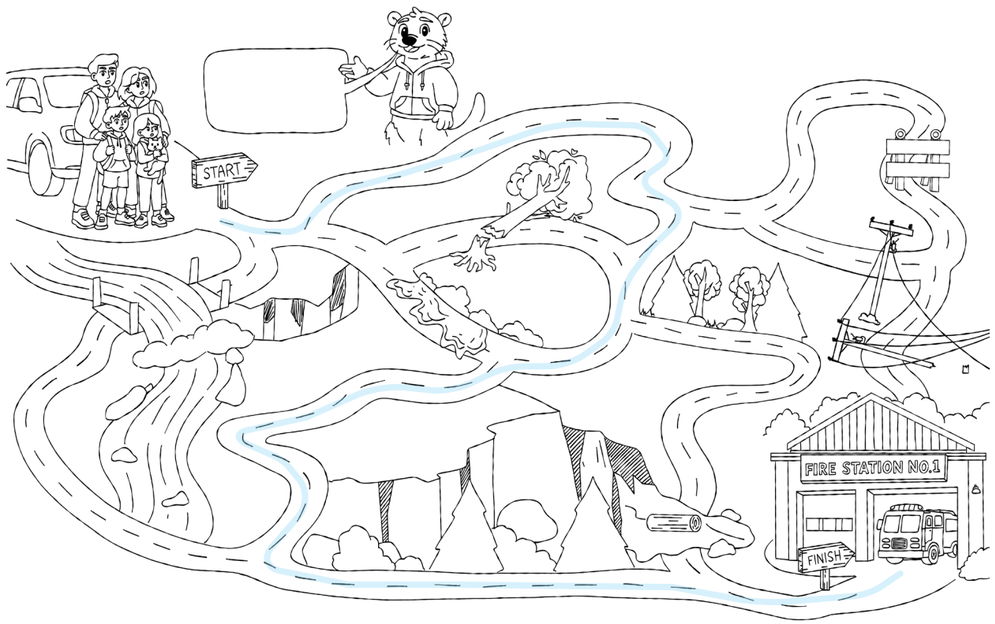
GREAT JOB LEARNING HOW TO PREPARE, STAY SAFE, AND MAKE SMART CHOICES DURING AN EMERGENCY!

KEEP BEING A COUNTY SUPER STAR BY LEARNING, PRACTICING, AND HELPING OTHERS STAY SAFE.

KEEP SHINING BRIGHT AND STAY SAFETY-READY!

Answer Keys:

Circle the 10 items that should go into your "Go Bag".

(1) Extra clothes, (2) whistle, (3) food, (4) flashlight, (5) radio, (6) first aid kit, (7) water, (8) blanket, (9) map, (10) comfort item.

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R	K	M	K	T	B	U	Q	F	H	W	N	N	C	J
A	E	D	R	T	Q	M	V	K	C	P	K	D	S	G
F	X	N	C	H	R	W	J	T	O	B	Q	E	M	Y
H	Q	Z	T	D	K	R	P	W	V	A	M	R	T	F
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S	A	F	E	G	Q	B	J	E	U	R	F	N	Z	C
G	P	X	A	B	A	R	N	C	T	K	V	C	M	Z
V	K	R	D	T	Q	B	M	T	X	H	D	R	O	P